



4D Group

## **Project Teams**

### **Who Would Benefit?**

This is for those wishing to improve team-working creating positive rapport with those working on projects.

### **Objective**

This course is designed to demonstrate improved team-working as it includes various teamwork exercises throughout the day.

### **Content**

What is a team?

Distinguish the differences between project teams and work teams. The context of teams within the project.

The Three Strands of Team Activity

Content, structure, process: key questions for working teams; ingredients for successful team-work.

Stages of Team Development.

Tuckman.

Team Communication Skills

Assessment, problem solving, different types of communication in a team.

Creating Positive rapport.

Overcoming the barriers; ask, listen, give and get principle.

Handling difficult situations.

Approaches to conflict; five steps to resolving difficult situations.

### **Duration**

One day

### **Minimum Numbers**

Six delegates