

# **Teambuilding and Team Leading Skills Who Would Benefit?**

For managers and team leaders who lead formal and informal teams and who need to organise and monitor them for performance.

## **Objective**

Following this course delegates will be able to determine their main leadership style and be able to adapt this to different situations. Apply techniques to achieve the task whilst developing appropriately both the team and individual team members. State the stage of development of their own team and make plans to make the team more effective. Motivate and delegate effectively. Deal with conflict and difficult situations. Deal with other teams appropriately. Be aware of the extent of their power and influence.

### **Content**

Managing v. leading

Team leadership – assess and use your preferred management style.

Creating a team, balancing roles, achieving tasks.

Belbin team roles.

Action centred leadership.

Situational leadership.

Assessing and monitoring performance.

Leading through change.

Using coaching to identify needs and develop individuals.

Using interpersonal skills.

Dealing with conflict.

Motivation.

Practical exercises where delegates demonstrate their leadership capability.

#### **Duration**

One day

#### **Minimum Numbers**

Four delegates